

3D PSHE Knowledge Matrix

Upper Key Stage 2

Core 2: Relationships

Unit 1 Communication	Lesson 1	Confidentiality	• To recognise that there are many different ways to communicate • To understand the need for confidentiality in certain situations
	Lesson 2	Listening	• To know and understand the importance of listening to others • To understand the role of the listener in any relationship
	Lesson 3	Responding	• To recognise that there are many ways to communicate • To understand the need to both listen and speak when communicating with others
Unit 2 Collaboration	Lesson 1	Teamwork	• Understand that there are many situations in which collaboration is necessary • To understand the need to develop team work skills
	Lesson 2	Shared Goals	• To recognise that there are many roles within a community • To understand the need to collaborate in a group situation
	Lesson 3	Community Spirit	• To recognise that there are many roles within a community • To understand the need to collaborate in a group situation
Unit 3 Similarities and Differences	Lesson 1	Race and Ethnicity	• To learn about racial discrimination and its impact on societies, past and present

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Unit 3 cont. Similarities and Differences	Lesson 2	Gender Stereotypes	- To learn about gender discrimination and its impact - To challenge stereotyping and discrimination
	Lesson 3	Culture	- To learn about the importance of family in different cultures - To recognise and respect similarities and differences between people
Unit 4 Healthy Relationships	Lesson 1	Physical Contact	- To know about and understand the importance of touch in a range of contexts - To know the difference between appropriate and inappropriate touches
	Lesson 2	Support and Care	To know that relationships can change as a result of growing up
	Lesson 3	Marriage	To know that marriage (and civil partnership) represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong
	Lesson 4	Mental Wellbeing	To know that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing
	Lesson 5	Online Relationships	- To know that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous - To know how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met - To know that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health

Total 14 Lessons

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Core 3: Living in the Wider World

Unit 1 Rules and Responsibilities	Lesson 1	Structure	- To understand why structure is needed in different situations - To understand the term 'anarchy' and understand the implications of living in an anarchic society
	Lesson 2	Law and Order	To know and understand the meaning of the following:- democracy, sovereignty, dictatorship, government, monarchy
	Lesson 3	U.N. Rights	- To learn about organisations such as the United Nations - To understand the importance and significance of equal rights
Unit 2 Diversity	Lesson 1	Community Event	- To understand the benefits of living in a diverse community and learn to celebrate diversity - To talk with a wide range of adults
Unit 3 Economic Awareness	Lesson 1	Budgeting	- To learn about budgeting and what it means to budget - To understand why financial management and planning is important from a young age
	Lesson 2	Consumer Sense 1	- To know and understand financial terms such as loan, interest, tax and discount - To make connections between their learning, the world of work and their future economic wellbeing
	Lesson 3	Consumer Sense 2	To show initiative and take responsibility for activities that develop enterprise capability

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Core 3: Living in the Wider World

Unit 4 Enterprise	Lesson 1	Generating Income	• To know and understand the principles of enterprise • To understand profit and loss
	Lesson 2	Raising Money	• To know and understand the principles of charity work

Total 9 Lessons

(45 lessons in total for UKS2 PSHE)